05/14/2026

To Whom It May Concern,

As a proud resident of Ward One within the beautiful City of Bryant, I am very interested in becoming more involved with my city's government and serving on the Community Engagement Committee. I am called to contribute and want to work alongside others who are dedicated to our city.

Guided by the understanding that community and social involvement are instrumental for healthy living and quality of life, I am deeply passionate about strengthening our community's wellbeing. Too often, residents feel disconnected not only from each other but their city as a whole, particularly their city leadership. I align with the Committee's mission to serve as an antidote to this issue by functioning transparently, fostering connection, and amplifying residents' voices. As I am privileged to serve as a clinical psychologist for hospice/palliative care at the Little Rock VAMC, I am especially attentive to empowering our military residents.

Additionally, my professional experiences and personal characteristics make me an excellent candidate for this position. My training as a psychologist has provided me with strong interpersonal and communication skills that are permeated by an awareness that humans require emotional/psychological safety in addition to physical safety to feel connected. I also have experience working in government as a Health & Aging Policy/American Political Science Association Congressional Fellow in which I contributed to policymaking with the U.S. House of Representatives Committee on Veterans' Affairs. Further, the building blocks of my character are commitment, creativity, curiosity, empathy, enthusiasm, empathy, innovation, and openness.

Thank you very much for your time and consideration.

Sincerely,

Sara Brisson, Psy.D.